

Together Against Violence Month

November 2003

Events Bulletin



November has been proclaimed *Together Against Violence Month* & November 20 *Turn Off the Violence Day* by the Mayors & Councils of the City of North Vancouver, District of North Vancouver, District of West Vancouver, Municipality of Bowen Island & Board of Trustees of the North Vancouver School District & West Vancouver School District

COMMUNITY EVENTS

Oct. 20 to Nov. 24 - Winning at Parenting. A six week program based on S.T.E.P. (Systematic Training for Effective Parenting) for parents of 6 to 12 yr. olds. 7-9 pm. WW Secondary School. Sponsor: Family Services of the NS. Contact: 604 981 1045.

Oct. 22 – Positive Parenting. Practical tips on navigating baby's first 18 mo. and preparing for your future. 7-9 pm. \$25. WW Community Centre. Sponsor: Family Services of the NS. Contact: 604 925 7270.

Oct 25 – West Vancouver Police Open House. Partnership in Safety. Noon - 4 pm. 1330 Marine Drive, WW. Sponsor: WW Police Department.

Oct. 28 – Discipline With Love. For parents of 6 to 12 yr. olds. Learn how to set appropriate limits and help your child become more responsible. 7-9pm. #101 – 255 W. 1st St., NV. Sponsor: Family Services of the NS. Contact: Miri Hudson, 604 988 5281, ext. 220.

Nov. 1 to 30 – Children & Media Violence Display. Visit the NS Child Care Resource Program library. 9 am-4 pm. 2nd Floor, Capilano Mall. Sponsor: NS Community Resources Society. Contact: 604 985 7138.

Nov 2, 9, 16, 23 & 30- Ending Violence Against Women Sweat Lodge. Women & men invited. Lighting of the fire at 10 am & ceremony at 12 noon. Sponsor: Squamish Nation, Change of Seasons Society, Aboriginal Men's Domestic Violence Group Program. Contact: 604 986 9015.

Nov. 4 – Managing Challenging Behaviors. Brenda Kraushaar of the Child and Adolescent Program will teach strategies for encouraging assertive rather than aggressive behavior in children and adolescents. 6:30-8:30 pm. Community Room, 2nd Floor, Capilano Mall. Sponsor: NS Community Resources Society. Contact: 604 985 7138.

Nov. 5 – Winning at Discipline. For parents of 0 to 5 yr olds. Learn effective discipline skills to help make parenting easier. 7-9 pm. \$15 single, \$25 couple. #101 – 255 W. 1st St., NV. Sponsor: FS of the NS. Contact: Miri Hudson, 604 988 5281, ext. 220.

Nov. 6 – Seniors Peer Support Program. Will host a presentation & discussion on abuse/neglect and self-neglect featuring Bev Liddle and a walk through the Representation Agreement featuring Margo Kiss. 9:30-11 am. Rainbow Room, NS Neighbourhood House 225 E. 2nd St., NV. Sponsor: NSNH. Contact: 604 987 8138.

Nov. 6 – Impact of Domestic Violence on Children & Youth. Roundtable discussion of service providers providing support and assistance to children and youth. 10am-Noon. 2nd floor, RCMP Building, 147 14th St., NV. Sponsor: NS Domestic Violence Program. Contact: Surjeet Sidhu, 604 904 7375 or ssidhu@cnv.org.

Nov. 6 – Capilano College Special Display. Counsellor & Conflict Resolution/Sexual Harassment Policy Advisor available. Noon-1:30 pm. Cafeteria,

Birch Bldg. Sponsors: Cap. College Counselling Dept. and Conflict Resolution & Sexual Harassment Policy Advisor. Contact: Karen Peardon, 604 984 1744.

Nov. 8 – Parenting That Works Through Separation & Divorce. Helpful strategies for parenting through this transition. 9:30 am-Noon. \$20. #101 – 255 W. 1st St., NV. Sponsor: FS of the NS. Contact: Miri Hudson, 604 988 5281, ext. 220.

Nov 10 – Women In Difficult Relationships. A workshop exploring healthy vs. abusive relationships. 12:30-1:30 pm. Rm. 162, Birch Bldg., Cap. College. Sponsor: Capilano College Couns. Dept. & CR/SH Policy Advisor. Contact: Karen Peardon, 604 984 1744.

Nov. 12 – Unity in Diversity Awards. 5:30-7 pm. WW Memorial Library, 1950 Marine Dr., WW. Sponsor: Baha'i Community of WW. Contact: 604 878 6979.

Nov. 12 – “Representation Agreements: What you don't know might hurt you...” A presentation of the highlights and pitfalls of these agreements by Brent Ellwyn of Bradbrooke Crawford Green. 1-2:30 pm. Question period and refreshments to follow. 275 - 21st Street, WW. Sponsor: NS Volunteers for Seniors. Contact: 604 922 1575.

Nov. 12 – “Film & Discussion: *Bowling for Columbine*”. 6:30 -9pm. At the Youth Centre, Ambleside Park (beside the SPCA), WW. Sponsor: Ambleside Youth Centre. Contact: Ira, Jan or Peter 604 925 7233.

Nov. 13 – The Socialization of Boys. What is “boy culture”? Is it different today from the good old days? What can we as teachers, parents, and community do to raise well-rounded individuals who contribute to society? 4-5pm. NVTA Office, #100-133 W. 17th St., NV. Sponsor: NV Teachers' Association. Contact: Louise, 604 988-3224.

Nov 16 – Keeping Our Children & Youth Safe. If you think kids who get in trouble come from “bad” families, think again. As a part of the service, Shana Cherry, MA., Coun. Psych. (extensive exp. with street youth) will speak about how we can inoculate our children against bullying, peer pressure, substance abuse and other dangers. Service: 10:30-11:30 am, discussion 12:15 pm. Free. 370 Mathers Ave., WW. Sponsor: NS Unitarian Church. Contact: 604 985 3929.

Nov. 17 – Prevention of Exploitation & Abuse for People With Disabilities. Workshop and interactive discussion for self-advocates focussing on safe and unsafe situation and what to do if you find yourself befriended by someone with bad intentions. Dinner: 5-6 pm, Workshop: 6-7:30 pm. 150 W. 2nd St., NV. Sponsor: NS Assoc. for the Mentally Handicapped. Contact: Joy Hayden, 604 984 9321.

Nov 17 – Dedicated Dads (for dads only). The importance of Dads in the parenting process. 7-9 pm. Cost: \$15. #101 – 255 W. 1st St., NV. Sponsor: Family Services of the NS. Contact: Miri Hudson, 604 988 5281, ext. 220.

Nov. 20 – Anti-bullying Workshop. This session will help parents and teachers to understand bullying and how to help children stay safe. 7-8:30pm. Queen

Mary Community School, 230 W. Keith Rd., NV. Sponsor: NV Teachers' Association. Contact: Louise, 604 988 3224.

Nov. 22 – Preventing Conflict: Learning Positive Communication Strategies. A workshop for Filipino women (in Tagalog) presented by Lillian Bocol. 9:30-11:30am. Sponsor: VLM Multicultural Family Support Services Society. Contact Anna Foschi 604 436 1025.

Nov. 22 - Buddy System Family Dance Party. An afternoon family dance party with live band and other kids' entertainment. 1-3 pm. Adults \$2, kids \$1, under 5 free. Gym, NS Neighbourhood House, 225 E. 2nd St., NV. Sponsors: West Coast Violence Prevention Society & NSNH. www.buddy-system.org.

Nov 24 – Self Defense for Mature Women. Keep Well presents Gail Roxburgh who will teach self defence theory & techniques, movement drills, escape techniques and lots of tips. 10:45-11:45 am. Inman Room, NS Neighbourhood House, 225 E. 2nd St. NV. Sponsor: NSNH. Contact: 604 987 8138

Nov. 26 - Together Against Violence Community Walk. Walk will culminate with hot chocolate and film *Rainbow Wars*. Meet at 6:30 pm. Lynnmour Community School, 800 Forsman Ave. Sponsored by the school. Contact: 604 903 3599.

Nov. 26 - World Kindness Concert. Multi-cultural family event featuring an array of talented artists and a multi media presentation on kindness news from around the globe. 7:29-9:30 pm. Centennial Theatre, 2300 Lonsdale Avenue. Tickets \$25. Proceeds to the Invest In a Kinder World Coin-spiracy Program. Sponsor: KindActs Non-Profit Society. Contact: Brock Tully, 604 515 5463.

Nov. 26 - S.O.S. Safety on the Streets March & Dance. All are invited to join NS youth marching for a violence free community and to spread the word about the Youth Safe House 1 877 78 YOUTH. March: 5:30 pm. Meet at Harry Jerome RecCentre. Dance: 7-10 pm. Gym, NSNH. Sponsors: St James Community. Services. Society, NS Youth Safe House Adv. Com. & NSNH. Contact: Annie Mauboules, 604 990 2454.

Nov. 27 – Preventing Conflict: Learning Positive Communication Strategies. A workshop for Farsi speaking women. 10:00am-Noon. Sponsor: VLM Multicultural Family Support Services Society. Contact Anna Foschi 604 436 1025.

Nov. 27 – Community Response to Adults/Seniors at High Risk. Workshop will include information on the Adult Guardianship legislation and a presentation “Mom, We are Moving In With You.” 10am-Noon. Location TBA. NV. Sponsor: North Shore Adults at High Risk Network. Contact: Surjeet Sidhu, Coordinator, 604 982 3320 or sksidhu@shaw.ca.

Nov. 27 – Youth & Violence: What's the Attraction? Speakers Jaquie Stevulak, E.D., Restorative Justice Society, Marlene M. Moretti, Ph. D.

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R. Psych., Prof., Dept. of Psych, S.F.U., and Shelley Hymel, Faculty of Ed., (ECPS) U.B.C. will address how youth violence originates and what we, as a community, can do to assist in its prevention. Special attention will be given to the concept of attachment and the needs of youth. Parkgate Community Centre, 3625 Banff Court, NV. Sponsor: Seymour Community Services Society. Contact: Jeff Teed, 604 929 7981 or 604 987 7529.

THROUGHOUT NOVEMBER

Websites: Check for violence prevention information on the following websites:

- TAV www.vcn.ca/bc/tavnet
- City of North Vancouver www.cnv.org
- District of North Vancouver www.dnv.org

Displays:

- Capilano College
- Harvest Project
- North Shore Community Health Centre
- North Shore Community Resources Society
- North Shore Neighbourhood House & the Ridgeway, Lynn Valley, Maplewood & Sutherland Child Care Centres
- North Vancouver City Hall
- North Vancouver District Hall
- West Vancouver District Hall
- West Vancouver Memorial Library

WHAT ELSE IS HAPPENING

Ambleside Youth Centre. Educational groups for youth on issues related to violence on the North Shore. Contact: 604 925 7233.

Canadian Federation of University Women – West Van Branch. Conflict Resolution Kit available.

Capilano Community Services. Attitude Unlimited: Anger management sessions for youth. Contact: 604 891 6820.

Family Services of the North Shore.

- Individual counselling & groups for: sexually abused children & adolescents, women survivors of sexual abuse,
- Alternatives to violence for men & for women who have been in abusive relationships.
- Trauma counselling for childhood abuse & relationship violence.

For details call: 604 988 5281.

John Howard Society.

- "Victim Offender Mediation: a restorative program for youth. Contact: 604 891 6820.
- Choices": A program about youth, crime & drugs. "Choices" talks are candid, honest and participants are encouraged to ask questions.

Contact: 604 872 5651 ext 313.

Keith Lynn Alternate School. **Oct. 10 to Dec. 12, "Unloading Zone": training for students in anger management. Nov. 10 to Dec. 12, Media Awareness Unit: students become more aware of the influence**

media has on society.

Norgate Community School. "Turn Off the Violence Day" Justice Theatre Assembly. Gr. 4-7.

Leo Marshall Curriculum Centre. Books & videos available on violence prevention. See www.sd441mcc.com

Nov. 11 Remembrance Day
Attend a memorial service honoring those who protect our peace.

Nov. 13 World Kindness Day
Be kind to yourself, be kind to another, be kind to the environment. Practice random acts of kindness.

Nov. 16 to 23 Restorative Justice Week
Nov. 16 International Day of Tolerance
Nov. 20 Universal Children's Day

Nov. 20 Turn Off the Violence Day
Take a Break from violent TV, video games, music & movies. Have a family discussion, play board games, take a family walk. Choose non-violent ways to solve problems.

Dec. 6 National Day of Remembrance & Action to End Violence Against Women
Commemorating the Montreal Massacre and all violence against women. Ceremony and vigil: Noon-1 pm. NV City Hall Plaza, 14th & Lonsdale. Reception to follow: 1-2:30 pm. Sponsor: NS Women's Centre. Contact: 604-984-6009.

NS Coordinating Committee To End Violence Against Women. Purpose: to develop strategies to end violence against women on the North Shore. Public input welcome. Contact: 604 904 7375.

NS Crisis Services Society. Provides free support services to women and children fleeing from or living with abuse: SAGE Transition House, Good Stuff Connection Donations Program and Thrift Store, volunteer opportunities and public education. Four booklets & video available on the Home Free Project. Contact: 604 987 1773, ext . 307.

NS Disability Resource Centre. Internal workshops on violence issues. Contact: 604-985 5371.

NS Neighbourhood House.

- Keeping Safe brochure for seniors.
- Resources on violence prevention for women/children/families.
- Food Bank, Wed. 11:30 am
- Single Moms Support Group.

Let's Talk About Conflict: (3 part series available for schools and others) 1. Gossiping, Taunting, & Bullying 2. Stop Bullying: How Not To Be a Victim 3. Building Healthy Relationships. Relationship Blues: A 12 week workshop for women in challenging relationships. All About You: Sexual Health Workshops, addressing setting personal boundaries and issues such as date rape. Offered in the Pregnant and Parenting Teens Program. Contact: 604 987 8138.

Date TBA – NS Neighbourhood House Parent Community Developers. Regular meeting: Mon. 9:30-11:30 am. St. John's Church, 220 W. 8th St., NV. Special guest speaker for Together Against Violence Month. Contact: Kim Gale-Gotowiec, 604 987 8138.

North Shore News. Articles on violence prevention & advertisements on related community events.

North Vancouver RCMP. Five officers present classroom sessions on prevention of violence.

Administration of Block Watch program (involving 635 blocks & over 12,371 residences). Call: 604 985 1311.

Soroptimist International of North & West Vancouver. Created the "Never Shake Baby" pamphlet for preventing brain injuries in infants & created information card "Papering the Town Purple" about workplace violence. Contact: 604 985 5841.

Squamish Nation Healing & Wellness Centre.

- Peer Support Training Program
- Art Therapy
- Men's Group and more.

Contact: 604 904 1253.

Together Against Violence Information Table & Display. Watch for display in your local mall during November. Sponsors: NS Women's Centre & NS Coordinating Committee to End Violence Against Women.

NS Outlook. Coverage of violence related issues.

West Bay Elementary. TAV assembly in Nov. with content to be determined by the students with the support of teaching staff. Contact: 604 981 1269

West Vancouver Police. Officers instruct all grades 5, 7 & 8 students in the DARE program.

West Vancouver School District. Various events throughout the school district for the month of November. Contact: 604 981 1000

YWCA. Materials available from: 604 895-5790.

- There is NO Excuse for Abuse
- Girlz Unplugged (for girls 11 – 14)
- 10 tips for expressing healthy anger

SPONSORS

District of North Vancouver
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North Shore News
Private Donations

Our Host agency:
NS Community Resources Society

Together Against Violence Month & Turn Off the Violence Day are co-ordinated by the North Shore Together Against Violence Network.

For more information
Call 604 982 3317.

For Event updates see
NS NEWS Oct. 19 & Nov. 2

**Refuse to do Nothing.
GET INVOLVED!**