

SERVICE PROVIDERS	PHONE	NUMBER ON MAP
RainCity Housing Winter Response Shelter 677 East Broadway (near Fraser)	(604) 708-6382	18
Raven Song Community Health Centre 2450 Ontario St (at East 8 th Ave)	(604) 709-6400	19
REACH Dental 1145 Commercial Drive (north of East 1 st Ave)	(604) 254-1331	—
St Vincent De Paul Thrift Store 2743 Main St (near East 12 th Ave)	(604) 873-1065	20
Salvation Army 3213 Fraser St (near East 16 th Ave)	(604) 872-7676	21
Salvation Army Thrift Store 261 East 12 th Ave (near Sophia)	(604) 874-4721	22
Service Canada 125 East 10 th Ave (at Ontario)	1-800- 622-6232	23
Tenth Avenue Alliance Church 11 West 10 th Ave (at Ontario)	(604) 876-2181	24
V.G.H. Thrift Store 120 East Broadway (near Quebec)	(604) 876-3731	25
Vancouver East Employment Resource Centre 300 - 1638 East Broadway (near Commercial)	(604) 434-0367 press 4	—
Vancouver Recovery Club 2775 Sophia St (near East 12 th Ave)	(604) 708-9955	26
Yukon Shelter 2088 Yukon St (at West 5 th Ave)	(604) 264-1680	27

NOTES:

Thank you to the Vancouver Foundation's Neighbourhood Small Grants Program, Mount Pleasant SCG, City of Vancouver, and residents and service providers of Mount Pleasant for their help in creating this directory.



HELP IN MOUNT PLEASANT

*Where to find food, housing,
and other services*

Comments or updates? Please contact the Mount Pleasant Neighbourhood Network at: mpnn@vancouvercommunity.net

To download the latest version, go to: www.mpnn.ca

SERVICES

ADVOCACY

- **First United Church**
- **Healing Our Spirit BC Aboriginal HIV/AIDS Society**

BABY-SITTING (free)

- **Filipino Fellowship Baptist Church:** Friday 5 pm - 7 pm (*for toddlers*)

BOTTLE DEPOTS

- **Ed's Bottle Depot**
- **Go Green Bottle Depot**

CLOTHING

- **Community of Hope Church** (Second Chance Thrift Store): Including shoes
- **Grace Memorial United Church:** Thrift store, Saturday 10 am - 2 pm
- **St Vincent De Paul Thrift Store:** Low-cost
- **Salvation Army:** Free clothes
- **Salvation Army Thrift Store:** Low-cost
- **V.G.H. Thrift Store:** Low-cost
- **Vancouver Recovery Club:** Tuesday - Thursday

COMPUTER ACCESS

- **Broadway Youth Resource Centre** (*for ages 13-24*)
- **Mount Pleasant Public Library**

COUNSELLING

- **Broadway Youth Resource Centre** (*for ages 13-24*)
- **Community of Hope Church:** Spiritual counselling
- **Filipino Fellowship Baptist Church:** Spiritual counselling
- **La Boussole Francophone Centre:** In French
- **Salvation Army**
- **Vancouver Recovery Club:** Monday only

DROP-INS

- **La Boussole Francophone Centre**
- **Salvation Army**
- **Tenth Avenue Alliance Church:** Tuesday 10 am - 2 pm
- **Vancouver Recovery Club:** 24/7

SERVICES

FOOD

- **Broadway Youth Resource Centre** (*for ages 13-24*) 
- **Community of Hope Church:** Lunch Tuesday - Thursday, Saturday
- **Filipino Fellowship Baptist Church**
- **Food Bank**
- **Grace Memorial United Church:** Breakfast Tuesday 10 am - noon
- **Mount Pleasant Community Centre:** Friday (not cheque issue day) 1 pm
- **Mount Pleasant Neighbourhood House:** Morning coffee/tea; Low-cost lunch Friday noon; Seniors low-cost lunch Tuesday noon
- **Salvation Army:** Breakfast
- **Tenth Avenue Alliance Church:** Lunch Tuesday; Dinner Monday (September to May)
- **Vancouver Recovery Club**

HEALTH CARE

- **Broadway Youth Resource Centre** (*for ages 13-24*): Addiction services; Medical clinic, walk-in, no MSP card required 
- **Coast Mental Health Clubhouse and Resource Centre**
- **Grace Memorial United Church** (Healing Circle for Addictions): Tuesday 10:30 am - 11:30 am
- **La Boussole Francophone Centre:** French-speaking nurse, referrals
- **Mount Saint Joseph Hospital:** Emergency room (open 8 am - 8 pm)
- **MPA Society:** Mental health
- **Raven Song Community Health Centre:** Walk-in, no MSP card or ID required, Monday - Friday 2 pm - 3 pm
- **REACH Dental**
- **Vancouver Recovery Club:** Referrals for treatment including detox; AA meetings

SERVICES

HOUSEHOLD ITEMS (low-cost)

- **Community of Hope Church:** Not including furniture
- **Grace Memorial United Church:** Thrift store, Saturday 10 am - 2 pm
- **Salvation Army Thrift Store**
- **St Vincent De Paul Thrift Store**
- **V.G.H. Thrift Store**

INCOME ASSISTANCE

- **Ministry of Social Development** 
- **Vancouver Recovery Club:** Fast-track program


LEGAL ADVICE

- **Legal Services Society of BC:** Legal aid may be available


PERSONAL DEVELOPMENT

- **Broadway Youth Resource Centre** (*for ages 13-24*): Life skills; Adult basic education (ABE)
- **Salvation Army:** Moms & tots program; Arts & crafts for women; Life skills
- **Vancouver Recovery Club:** Yoga; Art therapy

PHONES (free)

- **Broadway Youth Resource Centre** (*for ages 13-24*) 
- **Mount Pleasant Neighbourhood House**

SHELTER, HOUSING

- **Aboriginal Shelter** 
- **Broadway Youth Resource Centre** (*for ages 13-24*): Help finding housing and shelter
- **La Boussole Francophone Centre:** Referrals
- **RainCity Housing Winter Response Shelter:** 24/7 (mid-December to April)
- **Tenth Avenue Alliance Church:** Sleeping Monday (September to May)
- **Vancouver Recovery Club:** Help with permanent housing applications (*for street homeless*); Shelter referrals
- **Yukon Shelter:** Emergency shelter



SERVICES
SHOWERS ▪ Mount Pleasant Community Centre
WASHROOMS ▪ Jonathan Rogers Park ▪ Mount Pleasant Community Centre ▪ Mount Pleasant Neighbourhood House ▪ Robson Park
WORK ▪ Broadway Youth Resource Centre (<i>for ages 13-24</i>): Adult and youth volunteer program ▪ Labour Ready : Day jobs, government document with SIN and photo ID required ▪ LabourLink Employment Services : Day jobs, government document with SIN and photo ID required ▪ Mount Pleasant Community Policing Branch Office : Volunteer work ▪ Open Door Group : Employment and supports ▪ Service Canada : Employment and job services ▪ Vancouver East Employment Resource Centre



SERVICE PROVIDERS	PHONE	NUMBER ON MAP
Aboriginal Shelter 201 Central St (near Main and Terminal)	(778) 855-4848	1
Broadway Youth Resource Centre (<i>for ages 13-24</i>) 691 East Broadway (at Fraser)	(604) 709-5720	2
Coast Mental Health Clubhouse and Resource Centre 293 East 11 th Ave (at Sophia)	(604) 872-3502	3
Community of Hope Church 535 East Broadway (near St George)	(604) 723-0523	4
Ed's Bottle Depot 2525 Carolina St (near East Broadway)	(604) 874-9223	5
Filipino Fellowship Baptist Church 849 East 11 th Ave (near Prince Albert)	(778) 863-0198 (604) 568-6366	6
First United Church 320 East Hastings St (east of Main)	(604) 681-8365	—
Food Bank foodbank@foodbank.bc.ca	(604) 876-3601	—
Go Green Bottle Depot 2286 Ontario St (at East 7 th Ave)	(604) 874-0367	7
Grace Memorial United Church 803 East 16 th Ave (at Prince Albert)	(604) 879-3412 786-5876	8
Healing Our Spirit BC Aboriginal HIV/AIDS Society 137 East 4 th Ave (near Quebec)	(604) 879-8884	9
La Boussole Francophone Centre (<i>for francophones</i>) 612 East Broadway (near Carolina)	(604) 683-7337	10

To confirm days and times that services are available, contact the service providers.

For other services, call 211 or go to <http://redbookonline.bc211.ca>

SERVICE PROVIDERS	PHONE	NUMBER ON MAP
Labour Ready 1688 East Broadway (at Commercial)	(604) 874-5567	—
LabourLink Employment Services 76 Kingsway (at East Broadway)	(604) 872-5465	11
Legal Services Society of BC 400 - 510 Burrard Street (at West Pender)	(604) 408-2172	—
Ministry of Social Development 201 - 475 East Broadway (near St George)	(604) 660-6500	12
Mount Pleasant Community Centre 1 Kingsway (at Main)	(604) 257-3080	13
Mount Pleasant Community Policing Branch Office 306 - 3102 Main St (near East 15 th Ave)	(604) 717-2935	14
Mount Pleasant Neighbourhood House 800 East Broadway (at Prince Albert)	(604) 879-8208	15
Mount Pleasant Public Library 1 Kingsway (at Main)	(604) 665-3962	13
Mount Saint Joseph Hospital 3080 Prince Edward St (near East 15 th Ave)	(604) 874-1141	16
MPA Society 1731 West 4 th Ave (near Burrard)	(604) 482-3700	—
Open Door Group 100 - 112 East 3 rd Ave (near Quebec)	(604) 872-0770	17

continued on page 11