

# New Westminster Family Place

A family resource program for families with children 0 – 5 years old

## February 2011

| Sunday    | Monday                                                           | Tuesday                                                                  | Wednesday                                                                                         | Thursday                                                                      | Friday                                                                                       | Saturday                       |
|-----------|------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------|
|           |                                                                  | <b>1</b> Drop In<br><br>Clothing Exchange<br><br>Drop In                 | <b>2</b> Drop In<br>Children &<br>Bi-lingual<br>Homes<br>~~<br>Office Hours                       | <b>3</b><br><br>Drop In<br>~~<br>Nobody's<br>Perfect                          | <b>4</b><br><br>Drop In<br>~~<br>Immigrant<br>Grandparent<br>s Program                       | <b>5</b><br><br>Drop In<br>~~  |
| <b>6</b>  | <b>7</b><br><br>Drop In<br>~~<br>Drop In                         | <b>8</b><br><br>Drop In<br>~~<br>Drop In                                 | <b>9</b><br><br>Valentine's<br>Party<br>(pre-register)<br><b>No Drop In</b><br>~~<br>Office Hours | <b>10</b><br><br>Drop In<br>Child<br>Development<br>~~<br>Nobody's<br>Perfect | <b>11</b><br><br>Drop In<br>~~<br>Immigrant<br>Grandparent<br>s Program                      | <b>12</b><br><br>Drop In<br>~~ |
| <b>13</b> | <b>14</b><br><br>Drop In<br>~~<br>Drop In                        | <b>15</b> Drop In<br>Pasta<br>Morning<br>Clothing<br>Exchange<br>Drop In | <b>16</b><br><br>Drop In<br>Managing<br>Debt<br>~~<br>Office Hours                                | <b>17</b><br><br>Drop In<br>~~<br>Office Hours                                | <b>18</b><br><br>Drop In<br>~~<br>Immigrant<br>Grandparent<br>s Program                      | <b>19</b><br><br>Drop In<br>~~ |
| <b>20</b> | <b>21</b><br><br>Drop In<br>Speech &<br>Hearing<br>~~<br>Drop In | <b>22</b><br><br>Drop In<br>~~<br>Drop In                                | <b>23</b><br><br>Drop In<br>Community<br>Kitchen<br>~~<br>Office Hours                            | <b>24</b><br><br>Drop In<br>~~<br>Nobody's<br>Perfect                         | <b>25</b><br><br>Drop In<br>Birthday<br>Party<br>~~<br>Immigrant<br>Grandparent<br>s Program | <b>26</b><br><br>Drop In<br>~~ |
| <b>27</b> | <b>28</b> Drop In<br>Public<br>Health<br>Nurse<br>~~<br>Drop In  |                                                                          |                                                                                                   |                                                                               |                                                                                              |                                |

**Main Site:** 101 – 93 Sixth Street, New Westminster, V3L 2Z8

**Drop In Hours:** Monday – Saturday 9:30 – 11:30 and Monday & Tuesday 1:00 – 3:00

**Website:** [www.nwfamily.bc.ca](http://www.nwfamily.bc.ca)

**Phone:** 604-520-3666

**New Program at Howay Elementary School - details on the back**

## New Drop In Program Open At Howay Elementary School

Join us on Thursday mornings from 9:15 – 11:15 in the Kindercare Room for art, playdough, songs and indoor exercise time in the gym. The school address is 91 Courtney Crescent (near 10<sup>th</sup> Avenue and Cumberland Street)

**Immigrant Grandparents on the Go** for immigrant grandparents and their grandchildren (0 - 5 years old). Our Settlement Worker provides a program for grandparents to learn about Canadian culture, practice English and make connections in their new community. The children learn new skills while having fun in the playroom. Fridays from 12:30 - 2:30 pm

**Nobody's Perfect Parenting Program** is for parents of children aged 0 - 5, running for 6 consecutive Thursdays from 1:30 - 3:30. The next session will start February 24<sup>th</sup>. Childminding is provided and pre-registration is required.

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### Dates to Remember in February:

- Feb 1<sup>st</sup> & 15<sup>t</sup>** Clothing Exchange - free used children's clothing in the morning and afternoon sessions.  
\*\* Please note: the clothing exchange is open to Family Place clients only
- Feb 9<sup>th</sup>** Valentine's Party – This is a potluck party so bring a prepared food item to share. Families must pre-register for the party. **No Drop In today.**
- Feb 10<sup>th</sup>** Child Development Specialist will be here to provide information and answer questions about resources for children needing extra support.  
10:00 - 11:00
- Feb 15<sup>th</sup>** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a nutritious snack served in the afternoon session.
- Feb 21<sup>st</sup>** Speech and Hearing Therapist will be here to provide information and answer questions.  
10:00 - 11:00
- Feb 25<sup>th</sup>** Birthday Party for all of the children who have had a birthday this month. Be sure to ask if your child is registered in our birthday book.
- Feb 28<sup>th</sup>** Public Health Nurse will be here to answer any health questions and will bring a baby scale to check you child's weight. 10:00 - 11:00.

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### Parent Education Classes

Childminding is provided. Please arrive promptly at 9:30 to settle your children in the playroom.

- Feb 2<sup>nd</sup>** **Children & Bi-lingual Homes:** Do you speak more than one language in your home? Are you concerned about your child's speech development. Join us to learn more.
- Feb 16<sup>th</sup>** **Managing Debt :** Join a debt management specialist and a bankruptcy lawyer to learn how to deal with financial problems.
- Feb 23<sup>rd</sup>** **Community Kitchen:** Prepare and taste a healthy recipe and learn about Community Kitchens and how you can become involved in making healthy, inexpensive meals for your family.